



2021 Consumer Perception of Care Survey Detailed Report

Adult and Child Caregiver Survey Results

December 2022



Table of Contents

Project Summary
• Survey Background
 Survey Methodology6
Survey Questionnaires11
Detailed Results
 Adult Survey, MH and SUD16
Child/Caregiver MH34
Conclusions
• Summary43
 Next Steps46
Appendices
 Informational Letters for Participants
 Notification of Privacy and Available Languages
 Survey Instruments



Survey Background



Survey Background

Background

- The Maryland Department of Health (MDH) launched Maryland's Public Mental Health System (PMHS) in July 1997 as part of the state's Medicaid 1115 waiver reform initiative. The 1115 waiver created a system whereby specialty mental health (MH) services are delivered through a "carve-out" arrangement that manages public mental health funds under a single payer system.
- Since the creation of the "carve-out," two additional major changes to the public system have occurred.
 - The first was the formal merger of the Mental Hygiene Administration (MHA) with the Alcohol and Drug Abuse Administration (ADAA) in July 2014, creating an integrated Behavioral Health Administration (BHA).
 - The second major change was the shift of substance use disorder (SUD) services from a managed care system to the "carve-out" system in January 2015, which is now referred to as the Public Behavioral Health System (PBHS). As a result of these changes, individuals treated primarily for SUD have been included in the Consumer Perception of Care Survey since 2016.



Survey Background

Background (continued)

- The PBHS continues to serve Medicaid recipients and a subset of uninsured individuals eligible for public behavioral health services due to severity of illness and financial need.
- United Health Group, and Optum Maryland provide administrative services, including evaluation activities for the PBHS. One of the evaluation activities is the administration of consumer surveys to assess perception of care, including satisfaction with, and outcomes of behavioral health services provided by the PBHS.
- Maryland Marketing Source, Inc. (MMS) an independent market research firm partnered with Optum Maryland and the Maryland Department of Health (MDH) to administer three participant satisfaction surveys (Adult Mental Health, Adult Substance Use and Child Mental Health), using mail, online and phone methods, to analyze the survey data and to document the findings.
- This report summarizes the findings of the 2021 Consumer Perception of Care Survey, which is the Twentieth systematic, statewide Consumer Perception of Care Survey since the inception of the Public Mental Health System (PMHS), now the Public Behavioral Health System (PBHS).





Survey Population

- The eligible survey population includes, individuals for whom Public Behavioral Health System claims were received for outpatient behavioral health services rendered between January and December 2020.
- The sample was stratified by age group and region of residence and individuals were randomly selected from these groups for inclusion in the survey sample (see next slide). The sample included:

<u>Adult</u> recipients of outpatient Mental Health (MH) treatment services and/or outpatient Substance Use Disorder (SUD) treatment services

and

<u>Child</u> recipients of outpatient Mental Health treatment services

Individuals 16 years of age or older at the time of service responded to the adult survey on their own behalf, while parents or caregivers responded to the child survey on behalf of children and adolescents under the age of 16.



Survey Procedure

- The survey was administered by mail, online and telephone. Respondents could choose their preferred method.
- Participant lists were provided by Optum, MMS printed and mailed a survey package to each listed customer. Survey packages included an informational letter explaining the purpose of the survey along with contact information and alternative options for completing the study (online or via telephone). Mailed packages also included a blank survey and one postage-paid, return envelope.

Of the 64,132 individuals in the selected sample, surveys were mailed to:

- 29,086 adult recipients of Mental Health services;
- 24,113 adult recipients of Substance Use Disorder services;
- 9,027 Caregivers of Child recipients of Mental Health services.



Survey Procedures (continued)

A total of 935 surveys were completed. Among these, 756 Adults (376 Mental Health [MH] participants and 380 Substance Use Disorder [SUD] participants) and 179 Child MH participants reported that they or the children they care for received services within the previous year and were able to complete the survey.

COUNTS	ADULT MH	ADULT SUD	CHILD MH
Deputation			
Population	120,136	52,193	52,858
Total Number of Participant Records	30,000	25,000	9,132
Number of Mailed Survey Packages (*less excluded cases)	29,086	24,113	9,027
Number of Surveys Completed:			
 Via returned mail 	208	149	35
Online	27	15	11
 Via telephone 	141	216	133
TOTAL COMPLETED SURVEYS (N) =	376	380	179



Survey Stratification

- Survey samples were stratified by age of individuals and geographic region of residence based on service claims data. The regional breakdown of the survey sample and the final distribution of survey respondents are shown in the table below.
- ► The geographic distribution of survey respondents closely aligned with the overall distribution of all PBHS outpatient service recipients.

Regions (Counties)	Adult MH	Adult SUD	Child MH
	% Survey	% Survey	% Survey
Baltimore City (Baltimore City)	24%	41%	23%
Baltimore Metro (Anne Arundel, Baltimore County, Howard, Carroll, Cecil, Harford)	24%	27%	29%
Capital Metro (Montgomery, Prince George's)	23%	5%	21%
Eastern (Caroline, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, Worcester)	13%	11%	13%
Western (Allegany, Frederick, Garrett, Washington)	11%	13%	10%
South (Calvert, Charles, St. Mary's)	6%	4%	4%



Survey Questionnaires

- Separate survey instruments were used for adults and child caregivers
- Surveys were adapted from a Federal initiative: The Mental Health Statistics Improvement Program (MHSIP) Consumer Surveys
 - Items from these surveys were incorporated into the Center for Mental Health Services Uniform Reporting System (URS) for Federal Block Grant reporting
 - The Maryland Adult Perception of Care Survey is based on the MHSIP Adult Consumer Survey. The Maryland Child and Family Perception of Care Survey is based on the MHSIP Youth Services Survey for Families (YSS-F)
 - In addition to the MHSIP items, both survey instruments included other selected items specific to Maryland



Survey Domains

- The percent of positive responses for each domain were calculated using the following methods:
 - Survey customers who did not respond to two third or more of a domain item were excluded from domain calculations .
 - The number of individuals whose responses on the domain were "satisfied" or "very satisfied" where at least 75% of items were counted and divided by the total number of respondents for the domain.
 - It is important to note that each chart/graph may not total exactly 100% due to the standard practice of rounding to the nearest tenth of a percent.
 - The total number of respondents who answered each specific question are reported, which in many cases could represent a subsample of the total number of survey respondents.
 - Further, questions which respondents declined to answer or responded with "Don't Know", "Does Not Apply", or "No Opinion/Not Applicable" are excluded from analysis and reporting of those questions. This will also result in variances in the number of responses given to a particular question.



Adult MH/SUD Survey Domains

Adult Mental Health / Adult Substance Use Disorder

GENERAL SATISFACTION

- I like the services that I receive.
- If I had other choices, I would still get services from the provider.
- I would recommend the provider/agency to a friend or a family member.

ACCESS

- The location of services was convenient.
- Staff were willing to see me as often as I felt was necessary.
- Staff returned my calls in 24 hours.
- Service were available at times that were good for me.
- I was able to get all the services I thought I needed.
- I was able to see a psychiatrist when I wanted to.

PARTICIPATION IN TREATMENT PLANNING

- I felt comfortable asking questions about my treatment and medications.
- I had input in choosing my treatment goals.

QUALITY AND APPROPRIATENESS

- Staff were sensitive to my cultural or ethnic background.
- Staff helped me obtain the information needed so I could take charge of managing my illness.

OUTCOMES

- I deal more effectively with daily problems.
- I am better able to control my life.
- I am better able to deal with crisis.
- I am getting along better with my family.
- I do better in social situations.
- I do better in school and/or work.
- My symptoms are not bothering me as much.

FUNCTIONING

- I do things that are more meaningful to me.
- I am better able to take care of my needs.
- I am better able to handle things when they go wrong.
- I am better able to do things that I want to do.

SOCIAL CONNECTEDNESS

- I am happy with the friendships that I have.
- I feel I belong in my community.
- In a crisis, I would have the support I need from family or friends.
- I have people with whom I can do enjoyable things.



Child Mental Health Survey Domains

Child Mental Health

SATISFACTION WITH SERVICES

- Overall, I am satisfied with the therapy services my child received.
- The people helping my child stuck with us no matter what.
- I felt my child had someone to talk to when he/she was troubled.
- I got the help I wanted for my child.
- The services my child and/or family received were right for us.

ACCESS

- The location of services was convenient for us.
- Service were available at times that were convenient for us.

PARTICIPATION IN TREATMENT

- I helped choose my child's services.
- I had input in choosing my child's treatment goals.
- I participated in my child's treatment.

CULTURAL SENSITIVITY

- Staff treated me with respect.
- Staff respected my family's religious or spiritual belief.
- Staff spoke with me in a way that I understood.
- Staff were sensitive to my cultural or ethnic background.

OUTCOMES

- My child is better at handling daily life.
- My child gets along better with family members.
- My child gets along better with friends and other people.
- My child is doing better in school and/or work.
- My child is better able to cope when things go wrong.
- I am satisfied with our family life right now.

SOCIAL CONNECTEDNESS

- I feel my child knows people who will listen and understand her/him when she/he needs to talk.
- I have people that I am comfortable talking with about my child's problems.
- In a crisis, I would have the support I need from family or friends.
- My child has people with whom he/she can do enjoyable things.



Survey Responses

Completed Surveys by Population			Surv	ey Method by	Population	
Population	Completed Surveys				74%	
Adult Mental Health	376		55%	57% 39%		
Adults Substance Use Disorder	380		38%		20%	■ Mail ■ onlin ■ Phor
Child Mental Health	179		7%	4%	6%	= Phor
Total	935		Adult Mental Health	Adult Substance	Child Mental Health	

- Overall, 935 surveys were completed; mail (42%), phone (52.4%) and online (5.6%)
- Majority (74%) of Child Mental Health surveys were completed by phone (74%), followed by mail (20%) and online (6%)
- Over half (57%) of Adult Substance Use Disorder surveys were completed by phone (57%), followed by mail (39%) and online (4%)
- Over half (55%) of Adult Mental Health surveys were completed by mail (55%), followed by telephone (38%) and online (7%)



MH and SUD



Respondent Profile

Adult Service Participants:

- More than one-half of adult MH (69%) and SUD (64%) respondents were between the ages of 35 and 64 years.
- More than one-half of adult respondents were Black/African American (63%, MH; 61%, SUD) and nearly one-third were White (30%, MH; 29%, SUD)
- Adult MH respondents were more likely to be female, while Adult SUD respondents were more evenly distributed between male and female.

DEMOGRAPHIC PR	DEMOGRAPHIC PROFILES		ADULT SUD
	16-34 years	2 7 %	27%
Age	35-64 years	69%	65%
	65+ years	4%	8%
	Black/African American	63%	61%
	American Indian/Alaskan Native	2%	3%
	Asian	2%	2%
Racial Identity	Native Hawaiian/Pacific Islander	<1%	<1%
	Multi-Racial	3%	3%
	White	30%	29%
	Other/Unknown	2%	<1%
Ethnicity	Spanish, Hispanic/Latinx	6%	6%
	Male	38%	50%
Condon Idontification	Female	61%	50%
Gender Identification	Transgender	1%	
	Other (Specify)	<1%	<1%
	Heterosexual/Straight	85%	85%
	Gay	2%	4%
Sexual Orientation	Lesbian	2%	1%
	Bisexual	4%	4%
	Other	3%	3%



Respondent Profile

Adult Service Participants:

Most survey respondents (96% MH, 94% SUD) reported living in private residences.

Over one-quarter of adult respondents reported being employed full or part-time (28% MH, 28% SUD).

Over one-half of adults reported having a high school diploma or less (53% MH, 56% SUD).

DEMOGRAPHIC PROFI	DEMOGRAPHIC PROFILES		ADULT
		MH	SUD
	Private Residence	96%	94%
Living Cituation	Homeless/Shelter	4%	5%
Living Situation	Jail/Correctional Facility		
	Other (Specify)	<1%	1%
	Employed (full-time)	15%	17%
	Employed (part-time)	13%	11%
	Disabled, Not able to work	34%	32%
Fundarum ant Status	Unemployed	24%	25%
Employment Status	Homemaker	3%	3%
	Student	3%	4%
	Volunteer	1%	<1%
	Other	6%	8%
	Less than HS diploma	17%	17%
Education	HS diploma or GED	36%	39%
	Some College	46%	44%
Citizonshin	U.S. citizen or legal resident	99%	99%
Citizenship	Not a U.S. citizen or legal resident	1%	1%

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Respondent Quality of Life

- More than one-half of adult MH (52%, 57%) and SUD (52%, 54%) respondents reported experiencing 14 or more days of poor physical and/or poor mental health over the past 30 days
 - More than one-third of adult MH (40%) and SUD (39%) respondents reported 14 or more days where they felt Sad, Blue or Depressed
- One-half of MH (53%) and SUD (49%) respondents reported experiencing 14 or more days where they felt worried, tense or anxious

QUALITY OF LIFE In the past 30 days		adult Mh	ADULT SUD
Days of Poor <u>Physical</u> Health	14+ days	52%	52%
Days of Poor <u>Mental</u> Health	14+ days	57%	54%
Days felt <i>Less</i> Stressed, Depressed, or Worried	14+ days	52%	45%
Days felt Sad, Blue, or Depressed	14+ days	40%	39%
Days felt Worried, Tense, or Anxious	14+ days	53%	49%
Days did NOT get Enough Rest/Sleep	14+ days	51%	46%
Days felt Very Healthy and Full of Energy	14+ days	39%	46%



Behavioral Health Services Received

SERVICES	ADULT MH	ADULT SUD	SERVICES	ADULT MH	
Health Home Services	4%	3%	Residential Crisis Services	1%	
Inpatient Hospitalization (Mental Health)	8%	7%	Residential Rehabilitation Program	1%	
Inpatient Hospitalization (Substance Use)	4%	5%	Respite Care Services		
Medication Assisted Treatment (MAT)	16%	17%	Substance Use Crisis Services	1%	
Mobile Treatment Services	5%	3%	Substance Use Treatment and Recovery Services	18%	
Mobile Crisis Services	3%	2%	Substance Use Residential		
Partial Hospitalization (Mental Health)	2%	2%	Treatment Services	6%	
Psychiatric Medication & Management	34%	32%	Supported Employment	1%	
Psychiatry Services (Psychiatrist)	42%	40%	Targeted Case Management	3%	
Psychiatric Rehabilitation Program Services (PRP)	8%	7%	Other (specify)	8%	
Number of Respondents =	376	379	Number of Respondents =	376	

► The services most often received by Adult survey participants include:

- Psychiatry services (42% MH, 40% SUD)
- Psychiatric medication and management (34% MH, 32% SUD)
- Substance use treatment and recovery services (18% MH, 21% SUD)



Location of Services By Jurisdiction

SERVICE AGENCY	ADULT MH	ADULT SUD
Allegany County	3%	2%
Anne Arundel County	6%	6%
Baltimore City	34%	34%
Baltimore County	17%	18%
Calvert County	2%	1%
Carroll County	2%	2%
Cecil County	2%	2%
Charles County	1%	2%
Frederick County	3%	3%
Garrett County	1%	2%
Number of Respondents =	376	380

Adults received mental health and substance use support services throughout the state of Maryland

One-half of respondents reported receiving services in Baltimore City or Baltimore County (51% MH, 52% SUD)



ADULT SUD 4%

> 4% 2%

> 5%

4%

2%

5%

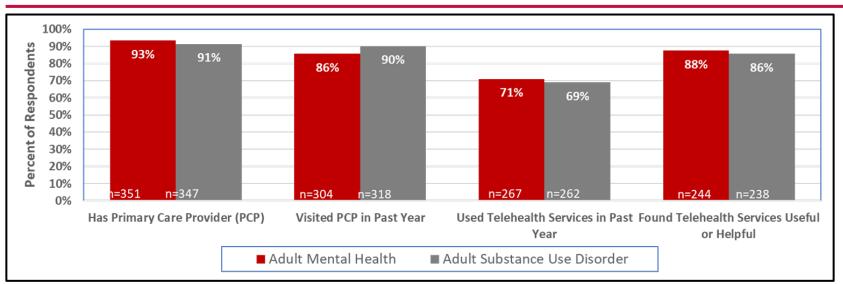
4%

1%

1%

380

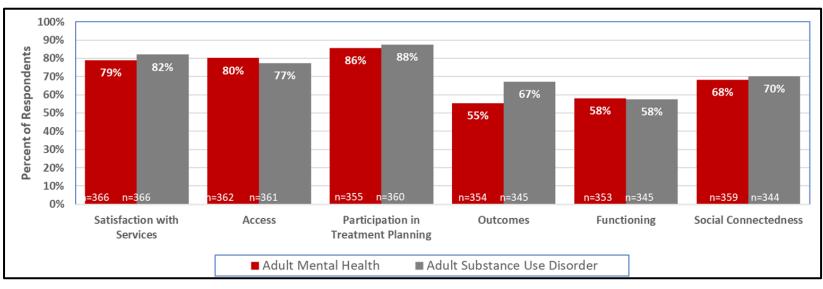
MH/SUD Physical Health Services and Care Coordination



- Most adults report having a Primary Care Provider (PCP) (93% MH, 91% SUD), many of whom reported visiting their PCP (86% MH, 90% SUD) in the past year.
- More than two-thirds of adults used telehealth services in the past year (71% MH, 69% SUD).
- Most of participants (88% MH, 86% SUD) found telehealth services to be useful or helpful.



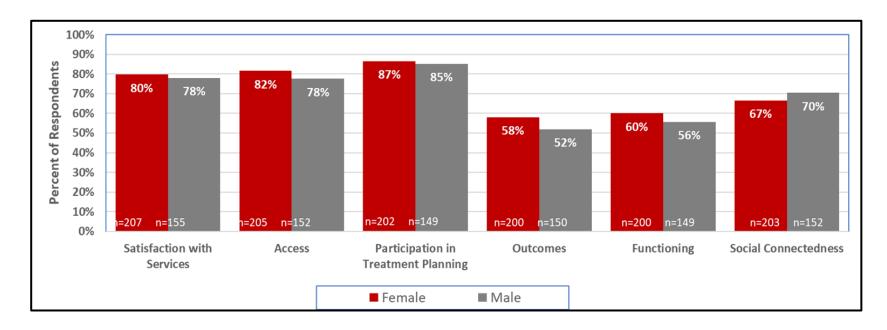
Experiences of Care By Domain



- Adult survey respondents were most likely to report positive experiences with participation in their treatment planning, access to services, and overall satisfaction with services.
- They were least likely to report positively about improvement in outcomes, their social connections, and their ability to function as a result of the services they received.



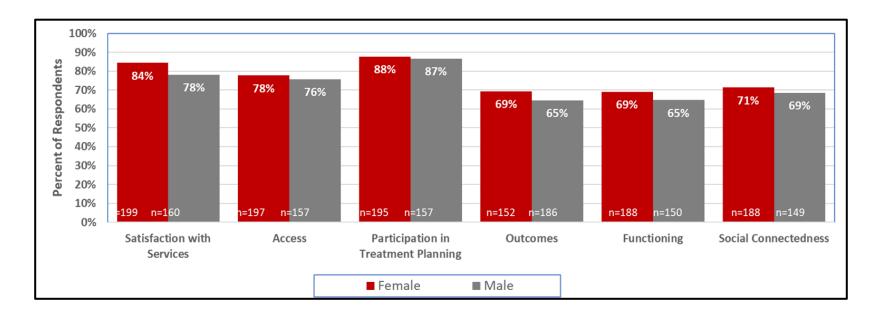
Mental Health Experiences of Care by Domain and Gender



 Experiences of care among adult respondents of mental health services did not differ substantially by gender.



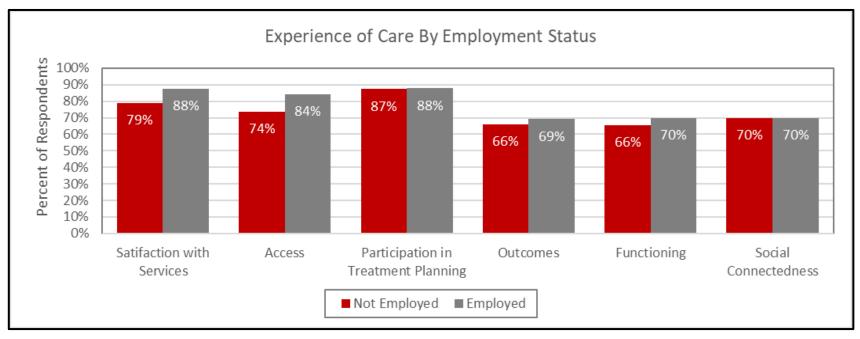
Substance Use Disorder- Experiences of Care by Domain and Gender



 Experiences of care among adult respondents of substance use disorder did not differ substantially by gender



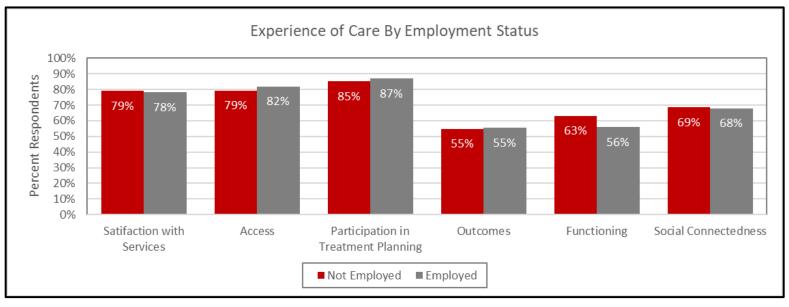
Experiences of Care By Employment Status Among Adult SUD Recipients



Overall, employed adults who received SUD services were more likely to report positive experiences with satisfaction with services received, access to services, outcomes as a result of their services, and their functioning abilities compared to unemployed adults.



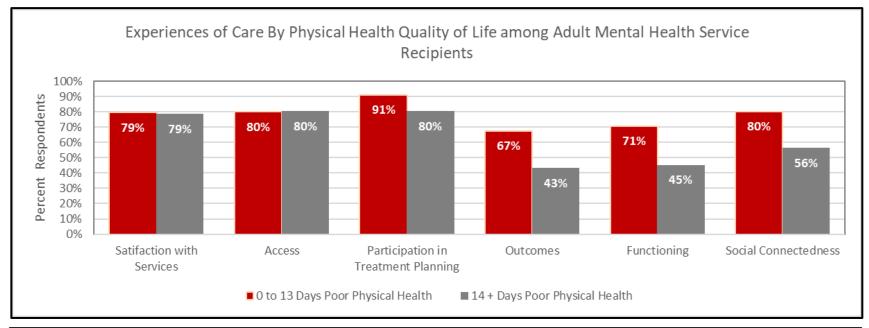
Experiences of Care By Employment Status Among Adult MH Recipients



- Overall, irrespective of employment status, experiences of care was similar among adult mental health respondents.
- Employed adults who received mental health services reported more positive experiences in access to services, and participation in treatment planning while unemployed adults reported more positive experience with improvements in their functional abilities.



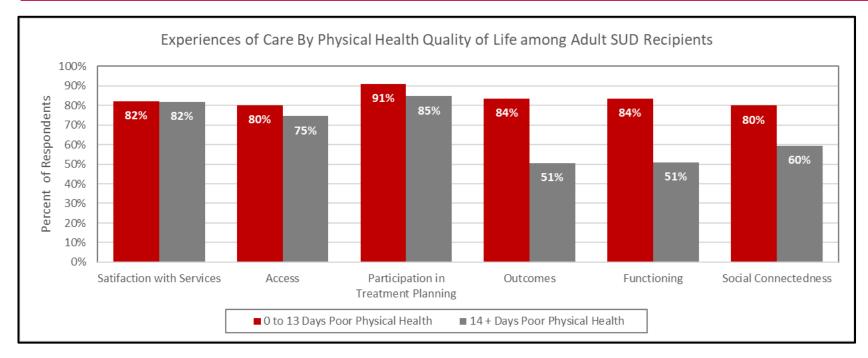
Experiences of Care by Physical Health Quality of Life Among Adult Mental Health Recipients



Adults receiving mental health services who reported experiencing 14 or more days of poor physical health were less likely to report positive experiences with participation in treatment planning, improvement in outcomes, functioning abilities, and social connections compared to those who reported 13 or fewer days of poor physical health.



Experiences of Care by Physical Health Quality of Life Among Adult SUD Recipients

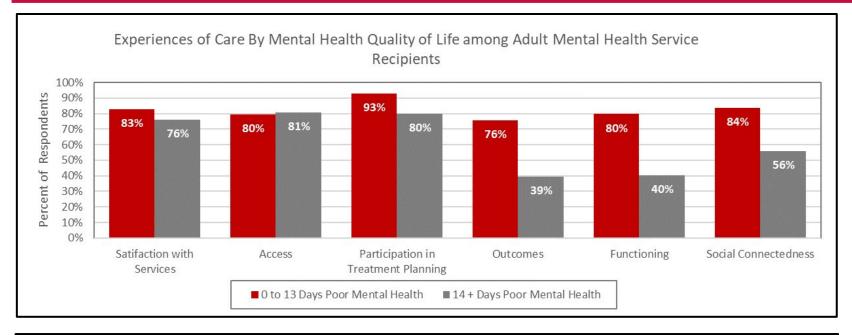


Adult respondents receiving SUD services who reported experiencing 14 or more days of poor physical health were less likely to report positive experiences in all domains especially in the areas of improved outcomes, functioning abilities, and social connections compared to those who reported 13 or fewer days of poor physical health.

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DEPARTMENT OF HEALTH

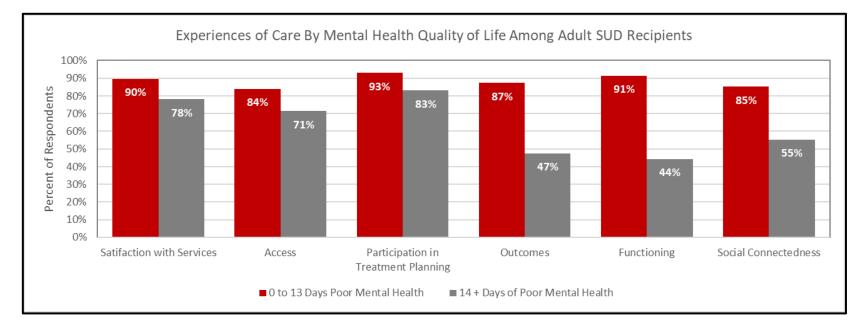
Experiences of Care by Mental Health Quality of Life Among Adult Mental Health Recipients



Adult MH respondents who reported experiencing 14 or more days of poor mental health were less likely to report positive outcomes in most domains especially those associated with outcomes as a result of services received, improvement in functioning, and social connections compared to those who reports 13 or fewer days of poor mental health.



Adult Survey Results Experiences of Care by Mental Health Quality of Life Among Adult SUD Recipients



► Adult SUD respondents who reported experiencing 14 or more days of poor mental health were less likely to report positive outcomes in all domains especially those associated with outcomes as a result of services, improvement in functioning, and social connections compared to those who reported 13 or fewer days of poor mental health.



Child Caregivers Survey Results



Child Caregivers Survey Results

Respondent Profile

- Over one-half (52%) of the child/youth who received mental health services were Male.
- Almost two-thirds of children who received mental health services were *Black/African American* (66%) while nearly onequarter (22%) were White.

DEMOGRAPHIC	PROFILES	CHILD MH
	5-9 years	25%
Age	10-12 years	34%
, .90	13-15 years	41%
	Black/African American	66%
	American Indian/Alaskan Native	2%
	Asian	1%
Racial Identity	Native Hawaiian/Pacific Islander	<1%
-	Multi-Racial	5%
	White	22%
	Other/Unknown	3%
Ethnicity	Spanish, Hispanic/Latinx	12%
	Male	52%
Gender	Female	47%
Identification	Transgender	
	Other (Specify)	<1%
	Heterosexual/Straight	91%
	Gay	1%
Sexual Orientation		1%
	Bisexual	2%
	Other	5%



Respondent Profile

DEMOGRAPHIC PROFILES	CHILD MH	
	Private Residence	99%
Living Situation	Homeless/Shelter	
Living Situation	Juvenile/Correctional Facility	<1%
	Other (Specify)	1%
	0 times	96%
Police Involvement	1 time	4%
Police involvement	2 times	0%
	3 or more times	<1%

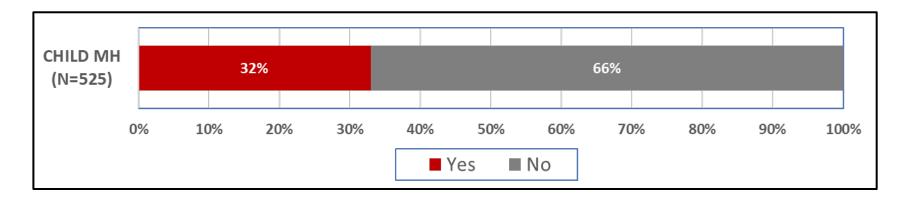
Overall, child caregivers reported that most children receiving Mental Health services currently live in a private residence.

► Few Child service recipients (4%) had interaction with law enforcement.



Child Caregivers Survey Results

Child Mental Health Support Services



Child caregivers reported that just under one third (32%) of child mental health service recipients received psychiatric family support services, including psychiatric rehabilitation, respite care, after-school, in-home, mobile crisis, or case management services.



Child Mental Health Services

SERVICES	CHILD MH	SERVICES	CHILD MH
Residential Crisis Services	1%	Inpatient Hospitalization (Mental Health)	10%
Psychiatric Medication & Management	22%	Inpatient Hospitalization (Substance Use)	1%
Psychiatry Services (Psychiatrist)	39%	Intensive Behavioral Health Services	8%
Psychiatric Rehabilitation Program Services (PRP)	17%	Mental Health Hospitalization	1%
Respite Care Services	1%	Mobile Treatment Services	6%
Supported Employment	1%	Mobile Crisis Services	4%
Therapeutic Behavioral Services	39%	Outpatient SUD Services	1%
Number of Respondents =	179	Number of Respondents =	179

The services most often received by child mental health service recipients include:

- Psychiatric services (39%);
- Therapeutic behavioral services (39%); and
- Psychiatric medication and management services (22%)



Child Mental Health Support Services

- Child mental health service recipients were most likely to receive services in the following jurisdictions:
 - Baltimore County (16%);
 - Baltimore City (11%); and
 - Montgomery County (11%)

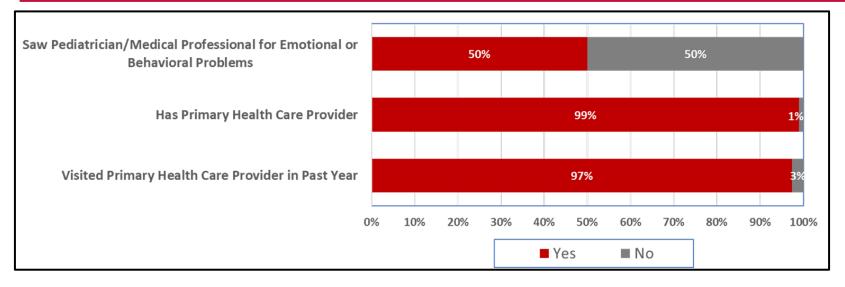
SERVICE AGENCY	CHILD MH
Allegany County	5%
Anne Arundel County	8%
Baltimore City	11%
Baltimore County	16%
Calvert County	2%
Carroll County	1%
Cecil County	2%
Charles County	1%
Frederick County	7%
Garrett County	1%
Number of Respondents =	179

SERVICE AGENCY	CHILD MH
Harford County	5%
Howard County	2%
Mid-Shore Counties	1%
Montgomery County	11%
Prince George's County	8%
St. Mary's County	2%
Washington County	4%
Wicomico/Somerset Counties	8%
Worcester County	3%
Don't Know	2%
Number of Respondents =	179



Child Caregivers Survey Results

Child's Physical and Mental Health Coordination of Care

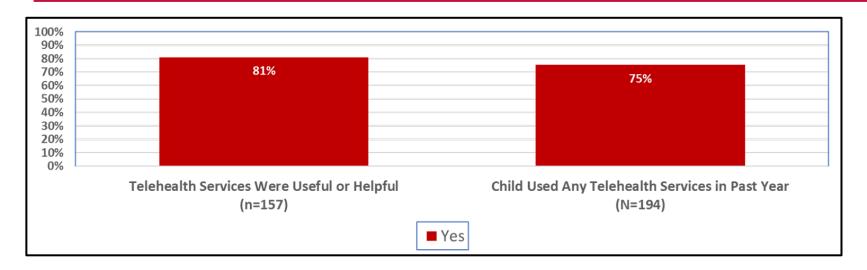


One-half of the child caregivers (50%) reported their child saw a pediatrician or any other medical professional for an emotional or behavioral problem and most reported their child has a primary health care provider (99%) whom they have visited within the past year (97%).



Child Caregivers Survey Results

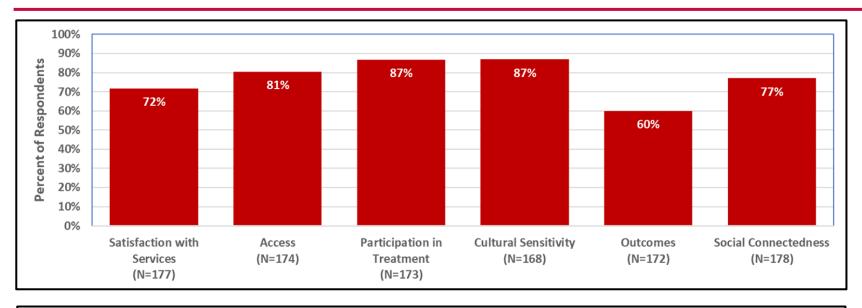
Child Mental Health Telehealth Services



- Three quarters of child/caregiver respondents (75%) reported their child used telehealth services in the past year.
- Eight out of ten respondents (81%) reported telehealth services were useful or helpful.



Caregivers Survey Results

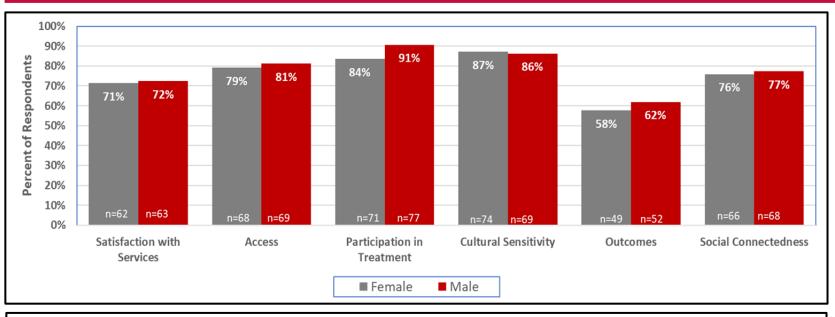


Child Mental Health Experiences of Care

- Overall, child caregivers reported positive experiences with the care their child received.
- They were most likely to report positive outcomes in their participation in treatment (87%) and cultural sensitivity (87%) compared to the other aspects of care.
- Child/Caregivers were least likely to report positively regarding improvement in outcomes experienced by their child/youth as a result of the care received.



Caregivers Survey Results



Child Mental Health Experiences of Care by Gender

Generally, experiences of care differed minimally by gender.

Child Caregivers were more likely to report positively regarding participation in treatment and outcomes achieved for male compared to female children.





Summary of Results for Adult MH/SUD Population

- Most adult MH and SUD respondents reported positive experiences with the behavioral health services received.
- Adults MH and SUD recipients were most likely to report positive experiences with their participation in their treatment planning, access to services, and overall satisfaction with services received. They were least likely to report positively about improvement in outcomes and ability to function as a results of services received.
- Employed Adult SUD respondents were more likely to report positive experiences of care compared to those that were not employed.



Summary of Results for Adult MH/SUD Population

- More than one-half of Adult PBHS MH and SUD survey participants reported 14 or more days in the past month of poor physical and mental health.
- One-half of Adult MH and SUD survey respondents reported feeling worried, tense, or anxious for 14 or more days in the past month.
- Adult MH and SUD respondents who reported experiencing 14 or more days in a month of poor physical health or poor mental health were less likely to report positive experiences regarding improvement in outcomes, functional abilities as a results of services and social connections.



Summary of Results for Child MH Population

- Overall, child caregivers reported positive experiences with the care received by their child. They were more likely to report positively about the cultural sensitivity and participation in treatment planning and were least likely to report positively regarding improvement in outcomes and overall satisfaction with services received.
- Most child/caregivers reported that their children had a primary healthcare provider and visited their provider in the past 12 months.
- One-half of child caregivers reported that their child visited a health care professional for behavioral and emotional challenges in the past year.
- Three out of four child/youth received telebehavioral health services in past year and most child/caregivers reported that the services were helpful and useful.



Next Steps

- Review survey results with PBHS program leadership and stakeholders and identify opportunities to for service and system improvement.
- Obtain additional information from adult, child and family member recipients of PBHS services and advocacy organizations regarding why they feel less positive about their treatment outcomes, functioning and social connectedness.
- Perform additional analysis that focus on the following:
 - Differences and similarities in care experiences between demographic and racial/ethnic subpopulations;
 - Relationship between physical and mental health quality of life and experiences of care;
 - Trends in survey populations (Adult Mental Health, Adult Substance Use and Child Mental Health Caregivers) to assess changes in care experiences and outcomes over time.



Appendices





Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

September 14, 2021

Behavioral Health Administration Aliya Jones, M.D., MBA Deputy Secretary Behavioral Health 55 Wade Ave., Dix Bldg., SGHC Catonsville, MD 21228

Dear Participant,

On behalf of the Maryland Department of Health, Behavioral Health Administration (BHA), I would like to invite you to participate in a brief survey about your experiences as a user of behavioral health services in Maryland. The purpose of the survey is to learn about the unique experiences and opinions of individuals who have received behavioral health services in Maryland. Your feedback is important to us and will be used by BHA to improve the quality and effectiveness of behavioral health services provided across the state.

If you feel this survey has been sent to you in error, please disregard and discard this letter. Please note that:

- Your participation in this survey and your responses will be anonymous.
- There is no risk to you taking part in this survey.
- Your current services will not change in any way as a result of this survey.
- You may decide not to answer any question that you wish or to take part in this survey. The decision is yours.
- You may stop the survey at any time.

You may participate in this survey by telephone, mail or online. Please see the back of this letter for details on participation options along with frequently asked questions about the survey, your rights as a participant, and services that you receive.

If you have questions about this survey or would like to have your name removed from this survey, please call Maryland Marketing Source, Inc. at 1-844-502-1413 weekdays between 9:00 AM to 8:00 PM.

Thank you very much for helping us by sharing your opinions. Sincerely,

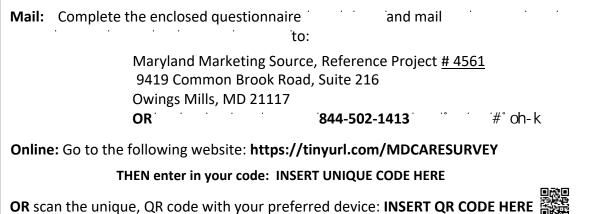
5 Jon CHAK

Aliya Jones, M.D., Deputy Secretary/ Executive Director Behavioral Health Administration



What can I do if I want to take part in this survey?

Please answer and mail back the completed postage paid survey booklet mailer (no postage needed). You may also complete the survey online at the web address listed below. If we do not receive your survey in the next few weeks, you may receive a telephone call from Maryland Marketing Source asking you to participate in a telephone interview. Please participate in the method most convenient for you:



What if I do not want to participate in the survey?

You may choose not to complete the survey at any time or call Maryland Marketing Source. Inc. at 1-844-502-1413 to request that your name be removed from the survey list. You may speak directly to a representative between the hours of 9:00 AM to 8:00 PM Monday through Friday, or you may leave a message.

> How long will it take to participate in the survey?

The survey will take between 5 to 8 minutes.

> What if I have guestions about the survey itself?

Call Tamisha Smith, Director of Quality Assurance, Optum Maryland at 1-443-896-0487.

> What if I have questions about my rights as a survey participant?

Call Gay Hutchen Administrator of the Institutional Review Board, 201 W. Preston Street, Baltimore, MD 212201 at 1-410-767-8448.

> What if I have questions regarding the mental health or substance use services I receive?

Call Optum Maryland at 1-800-888-1965.



Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

September 14, 2021

Behavioral Health Administration Aliya Jones, M.D., MBA Deputy Secretary Behavioral Health 55 Wade Ave., Dix Bldg., SGHC Catonsville, MD 21228

Dear Parent or Guardian,

On behalf of the Maryland Department of Health, Behavioral Health Administration (BHA), I would like to invite you to participate in a brief survey about your experiences as a user of behavioral health services in Maryland. The purpose of the survey is to learn about the unique experiences and opinions of individuals who have received behavioral health services in Maryland. Your feedback is important to us and will be used by BHA to improve the quality and effectiveness of behavioral health services provided across the state.

If you feel this survey has been sent to you in error, please disregard and discard this letter. Please note that:

- Your participation in this survey and your responses will be anonymous.
- There is no risk to you taking part in this survey.
- Your current services will not change in any way as a result of this survey.
- You may decide not to answer any question that you wish or to take part in this survey. The decision is yours.
- You may stop the survey at any time.

You may participate in this survey by telephone, mail or online. Please see the back of this letter for details on participation options along with frequently asked questions about the survey, your rights as a participant, and services that you receive.

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Thank you very much for helping us by sharing your opinions.

Sincerely,

5 Jon that

Aliya Jones, M.D., MBA Deputy Secretary/ Executive Director Behavioral Health Administration



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Please answer and mail back the completed postage paid survey booklet mailer (no postage needed). You may also complete the survey online at the web address listed below. If we do not receive your survey in the next few weeks, you may receive a telephone call from Maryland Marketing Source asking you to participate in a telephone interview. *Please participate in the method most convenient for you:*

Mail: Complete the enclosed questionnaire ar to:	id mail
Maryland Marketing Source, Reference Pro 9419 Common Brook Road, Suite 216 Owings Mills, MD 21117	oject <u># 4561</u>
3 <i>i</i>	∵
Online: Go to the site https://tinyurl.com/W	DCHILDCARESURVEY
THEN enter in your code: INSERT UNIQUE COE	DE HERE
OR scan the unique, QR code with your preferred device: I	

> What if I do not want to participate in the survey?

You may choose not to complete the survey at any time or call Maryland Marketing Source, Inc. at 1-844-502-1413 to request that your name be removed from the survey list. You may speak directly to a representative between the hours of 9:00 AM to 8:00 PM Monday through Friday, or you may leave a message.

> How long will it take to participate in the survey?

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What if I have questions regarding the mental health or substance use services I receive?

Call Optum Maryland at 1-800-888-1965.

Notice of Non-Discrimination and Accessibility

Optum complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Optum does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Optum:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Customer Service at 1-800-888-1965.

If you believe that Optum has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Complaints Coordinator at:

Optum Civil Rights Coordinator 11000 Optum Circle Eden Prairie, MN 55344 Fax: 855-351-5495 Email: Optum Civil Rights@Optum.com

You can file a grievance by mail, fax or email. If you need help in filing grievance, our Complaints and Grievance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Lame al 1-800-888-1965; TTY (711)

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-888-1965; TTY (711)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-888-1965; TTY (711) 번으로 전화해 주십시오.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-888-1965; TTY: (711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-888-1965; TTY (711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-888-1965; TTY: (711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-888-1965; телетайп: TTY: (711).

خبر دار : اگر آپ ار دو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں

1-800-888-1965; TTY: (711)

توجه :اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

فراهم می باشد. با (711) :480-888-1965; TTY تماس بگیرید.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-888-1965; TTY: 1-(711).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-888-1965; TTY: 1-(711).

Dè dɛ nìà kɛ dyédé gbo: O jǔ ké m̀ [Ɓàsɔ́ɔ̀-wùdù-po-nyɔ̀] jǔ ní, nìí, à wudu kà kò dò po-poɔ̀ bɛ́ìn m̀ gbo kpáa. Đá 1-800-888-1965; TTY: 1-(711).

Ntị: Ọ bụrụ na asụ Ibo, asụsụ aka ọasụ n'efu, defu, aka. Call 1-800-888-1965; TTY: 1-(711).

AKIYESI: Bi o ba nsọ èdè Yorùbú ọfé ni iranlọwọ lori èdè wa fun yin o. Ę pe ẹrọ-ibanisọrọ yi 1-800-888-1965; TTY: 1-(711).



OUTPATIENT BEHAVIORAL HEALTH SERVICES Consumer Perception of Care Survey

ADULT PARTICIPANTS

Survey questions were adapted from the Mental Health Statistics Improvement Program (MHSIP) - Consumer Surveys and include other selected items of interest. Quality of Life questions have been adapted from the Health-Related Quality of Life tool. Individuals 16 years of age or older at the time of service shall respond to the Adult survey on their behalf.

DEMOGRAPHICS: TELL US ABOUT YOURSELF	
Select your gender identification below:	In which age group do you fall?
□ Male	□ 16-34
□ Female	□ 35-64
□ Transgender	□ 65+
I don't know	
Other (Specify)	
What is your ethnicity?	Please identify your race:
Spanish, Hispanic/Latinx	Black/African American White/Caucasian
Not Spanish,	American Indian/
Hispanic/Latinx	Alaskan Native Pacific Islander
	□ Asian □ Other/Unknown
Please identify your sexual orientation below:	What is your current living situation?
	Private Residence
Heterosexual/ Straight	Homeless/Shelter
🗆 Gay	Jail/Correctional Facility
Lesbian	□ Other (Specify)
□ Bisexual	
□ Other	
What is your current employment status?	What is your highest level of education completed?
Employed (full-time)	Less than HS diploma
Employed (part-time)	HS diploma or GED
Disabled, Not able to work	Some College
□ Unemployed	
□ Homemaker	
□ Student	
□ Volunteer	
□ Other	
Are you a U.S. citizen or legal resident?	In the past 30 days, how many times have you been arrested?
□ Yes	
□ No	
	Number of Days Don't Know/Not Sure
In the past 30 days, how many nights have you spent in jail or	In the past year, did you go to an outpatient mental health
prison?	and/or substance use treatment program or provider, such as a
	psychiatrist or counselor?
	Yes (Continue Survey)
Number of Days Don't Know/Not Sure	No (End Survey Here)
What types of services do/did you receive? Check all that apply:	
, , , , , , , , , , , , , , , , , , ,	

	Health Home Services				Psychiatric Rehabilitation Program Services (PRP)
	Inpatient Hospitalization (Mer	ntal Hea	lth)		Residential Crisis Services
	Inpatient Hospitalization (Sub	stance I	Jse)		Residential Rehabilitation Program
	Medication Assisted Treatmer	nt (MAT)		Respite Care Services
	Mobile Treatment Services				Substance Use Crisis Services
	Mobile Crisis Services				Substance Use Treatment and Recovery Services
	Outpatient Mental Health Service	/ices			Substance Use Residential Treatment Services
	Partial Hospitalization (Menta	l Health	ı)		Supported Employment
	Partial Hospitalization (Substa	nce Use	e)		Targeted Case Management
	Psychiatric Medication and Ma	anagem	ent		Therapeutic Nursery
	Psychiatry Services (Psychiatri	st)			Other (specify)
In which	core service agency area do you	ı receiv	e services m	ost fr	frequently?
	Allegany County		Charles Co	unty	Prince Georges County
	Anne Arundel County		Frederick C	Count	ty 🛛 St. Mary's County
	Baltimore City		Garrett Cou	unty	Washington County
	Baltimore County		Harford Co	unty	y □ Wicomico/Somerset County
	Calvert County		Howard Co	ounty	y 🛛 Worcester County
	Carroll County		Mid-Shore	Coun	nties 🛛 Don't Know
	Cecil County		Montgome	ery Co	ounty

Do you have a primary health care provider for your physical	If you have a primary care provider, did you visit your primary
health care needs?	health care provider in the past year?
□ Yes	□ Yes
□ No	□ No
In the past year, did you use any telehealth services?	If you used telehealth services in the past year, were these
□ Yes	services useful or helpful to you?
□ No	□ Yes
	□ No

The below statements ask about your satisfaction with services that you received.

SATISFACTION WITH SERVICES	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I like the services that I receive.						
If I had other choices, I would still get services from the provider.						
I would recommend the provider/agency to a friend or a family member.						
Any concerns I may have had about my services were addressed in a timely manner.						

ACCESS	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
The location of services was convenient.						
Staff were willing to see me as often as						
I felt was necessary.						
Staff returned my calls in 24 hours.						



Services were available at times that			
were good for me.			
I was able to get all the services I			
thought I needed.			
I was able to see a psychiatrist when I			
wanted to.			
I am satisfied with the timeliness of			
scheduling and rescheduling of			
appointments.			

PARTICIPATION IN TREATMENT PLANNING	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
	Agree				Disagree	
I felt comfortable asking questions						
about my treatment and medications.						
I had input in choosing my treatment						
goals.						
Staff helped me obtain the information						
I needed so that I could take charge of						
managing my illness.						
Staff communication with me about						
the progress I'm making towards						
meeting my treatment goals.						

CULTURAL SENSITIVITY	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
Staff treated me with respect.						
Staff respected my family's religious or spiritual views.						
Staff spoke with me in a way that I understood.						
Staff were sensitive to my cultural or ethnic background.						

The below statements ask how your may have benefited from the services that you received.

EFFECTIVENESS OF SERVICE	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I deal more effectively with daily						
problems.						
I am better able to control my life.						
I am better able to deal with crisis.						
I am getting along better with my						
family.						
I do better in social situations.						
I do better in school and/or work.						

FUNCTIONING	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
My symptoms are not bothering me as much.						
I do things that are more meaningful to						
me.						



I am better able to handle things when			
they go wrong.			
I am better able to do things that I			
want to do.			
I am better able to take care of my			
needs.			

SOCIAL CONNECTEDNESS	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I am happy with the friendships that I have.						
I feel I belong in my community.						
In a crisis, I would have the support I need from family or friends.						
I have people with whom I can do enjoyable things.						

QUALITY OF LIFE						
Now, thinking about your physical health, which includes	Now, thinking about your mental health, which includes stress,					
physical illness and injury, for about how many days during the	depression, and problems with emotions, for about how many					
past 30 days would you say your physical health was not good?	days during the past 30 days would you say your mental health					
	was not good?					
Number of Days Don't Know/Not Sure						
	Number of Days Don't Know/Not Sure					
During the past 30 days, for about how many days have you	During the past 30 days, for about how many days have you					
felt less stressed, depressed, or worried?	felt sad, blue, or depressed?					
Number of Days Don't Know/Not Sure	Number of Days Don't Know/Not Sure					
During the past 30 days, for about how many days have you	During the past 30 days, for about how many days have you					
felt worried, tense, or anxious?	felt you did NOT get enough rest or sleep?					
Number of Days Don't Know/Not Sure	Number of Days Don't Know/Not Sure					
During the past 30 days, for about how many days have you felt	very healthy and full of energy?					
Number of Days Don't Know/Not Sure						



OUTPATIENT BEHAVIORAL HEALTH SERVICES Consumer Perception of Care Survey

CHILD/ADOLESCENT PARTICIPANT-CAREGIVER

Survey questions were adapted from the Mental Health Statistics Improvement Program (MHSIP) - Consumer Surveys and include other selected items of interest. Parents/Caregivers shall respond to the child survey on behalf of children /adolescents who began receiving services under the age of 16.

DEMO	GRAPHICS: TELL US ABOUT YOUR CHILD				
Select y	our child's gender identification below:	In whic	h age group does your child f	all?	
	Male		5-9		
	Female		10-12		
	Transgender		13-15		
	I don't know				
	Other (Specify)				
What is	your child's ethnicity?	Please	identify your child's race:		
	Spanish, Hispanic/Latinx		Black/African American		White/Caucasian
	Not Spanish,		American Indian/		Native Hawaiian/
	Hispanic/Latinx		Alaskan Native		Pacific Islander
			Asian		Other/Unknown
			Multi-Racial		
Please i	dentify your child's sexual orientation below:	What is	s your child's current living sit	uation?	
	Heterosexual/ Straight		Private Residence		
	Gay		Homeless/Shelter		
	Lesbian		Juvenile/ Correctional Facil	ity	
	Bisexual		Other (Specify)		
	Other				
In the p	ast 30 days, how many times has your child been		past 30 days, how many night	s has you	r child spent in a
arrested	1?	juvenil	e correctional facility?		
			_		
	r of Days Don't Know/Not Sure	1	er of Days Don't		
	ast year, did your child go to an outpatient mental		past year, did your child receiv		-
	and/or substance use treatment program or provider,		t services, including psychiatr		-
	a psychiatrist or counselor?		fter-school, in-home, mobile o	crisis, or c	ase management
	Yes (<i>Continue Survey)</i>	service			
	No (<i>End Survey Here)</i>		Yes		
			No		
What ty	pes of services does/did your child receive? Check all tha	t apply:			
		D F	Psychiatric Medication and Ma	anageme	nt
		D F	Psychiatry Services (Psychiatri	st)	
	Intensive Behavioral Health Services	П ғ	Psychiatric Rehabilitation Prog	ram Serv	ices (PRP)
			Respite Care Services		
	Mental Health Partial Hospitalization		ubstance Use Treatment and	Recovery	Services
	Mobile Treatment Services		ubstance Use Residential Trea	•	



	Mobile Crisis Services			Support	ed Emplo	yment
	Outpatient Mental Health Services				-	vioral Services
	Outpatient SUD Services			Other (s		
	Residential Crisis Services					
	Substance Use Crisis Services					
In which	local designated authority/ core servi	ce agency area do/	did you	u receive	services?	
	Allegany County	Charles County				Prince Georges County
	Anne Arundel County	Frederick County	ý			St. Mary's County
	Baltimore City	Garrett County				Washington County
	Baltimore County	Harford County				Wicomico/Somerset County
	Calvert County	Howard County				Worcester County
	Carroll County	Mid-Shore Coun	ties			Don't Know
	Cecil County	Montgomery Co	unty			
			_			
	st year, did your child see a pediatrici			-		primary health care provider for his/her
	professional for an emotional or beha	vioral problem?			h care nee	eds?
	Yes					
	No			l No		
If your ch	ild has a primary care provider, did h	e/she visit their	In the	e past yea	ar, did you	ur child use any telehealth services?
primary h	nealth care provider in the past year?			l Yes		
	Yes			l No		
	No					
If your ch	ild used telehealth services in the pas	st year, were the				
services u	useful or helpful?					
	Yes					
	No					

The below statements ask about your satisfaction with services that your child received.

SATISFACTION WITH SERVICES	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
The people helping my child stuck with us no matter what.						
I felt my child had someone to talk to when he/she was troubled.						
I got the help we needed for my child.						
The services my child and/or family received were right for us.						
I am satisfied with our family life right now.						
My child is better able to do things he or she wants to do.						
The therapist demonstrates the skills to meet my child's needs.						
The therapist responded to and addressed my child's needs.						
Overall, I am satisfied with the services my child has received.						



ACCESS	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
The location of services was convenient						
for us.						
Services were available at times that						
were convenient for us.						
I am satisfied with the timeliness of						
scheduling and rescheduling of						
appointments.						

PARTICIPATION IN TREATMENT	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I helped choose my child's services.						
I had input in choosing my child's						
treatment goals.						
I participated in my child's treatment.						
I am satisfied with the level of						
communication about my child's						
progress.						

CULTURAL SENSITIVITY	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
Staff treated me with respect.						
Staff respected my family's religious or spiritual belief.						
Staff spoke with me in a way that I understood.						
Staff were sensitive to my cultural or ethnic background.						

The below statements ask how your child may have benefited from the services that he/she received.

EFFECTIVENESS OF SERVICE	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I am satisfied with the change in my child's problem behaviors.						
My child is better able to cope when things go wrong.						
My child is better at handling daily life.						
My child gets along better with family members.						
My child gets along better with friends and other people.						
My child is doing better in school and/or work.						
I am satisfied with the coordination of care/treatment between my child's primary health care provider and mental health and/or substance use						
provider.						



SOCIAL CONNECTEDNESS	Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree	Does Not Apply
I feel my child knows people who will listen and understand her/him when she/he needs to talk.						
I have people that I am comfortable talking with about my child's problems.						
In a crisis, I would have the support I need from family or friends.						
My child has people with whom he/she can do enjoyable things.						