

Quality of Documentation Definitions Tool

Therapeutic Behavioral Services (TBS)

	<p style="text-align: center;">GUIDELINES FOR SCORING INDIVIDUAL RECORDS</p> <p style="text-align: center;">Y = Meets Standard N = Does Not Meet Standard N/A = Not Applicable</p>	<p style="text-align: center;">GUIDELINES FOR DETERMINING PROGRAM COMPLIANCE WITH STANDARDS</p> <p style="text-align: center;"><i>Programs are expected to strive to achieve all quality of documentation standards in 100% of instances. Programs that are compliant in less than 85% of the charts reviewed will be required to develop a Performance Improvement Plan (PIP) in conjunction with the CSA, Optum Maryland, BHA, or any other auditing agency.</i></p>
<p>1. Has the participant or parent/guardian consented to rehabilitation services? <i>COMAR 10.09.34.03 B (1) (a) (viii)</i> <i>Accreditation Standard</i></p> <p style="text-align: center;">YES / NO</p>	<p>Y = There is documentation that the participant, age 16 or older, or parent/legal guardian, has given consent to treatment.</p> <p>In instances when obtaining consent is not possible, the program shall document the reasons why the participant cannot give written consent; verify the participant's verbal consent; and document periodic attempts to obtain written consent.</p> <p>Additionally, in the instance where a legal guardian has been appointed, appropriate documentation (court orders and custody agreements regarding healthcare decision-making, or a letter from the agency naming a specific person to make healthcare decisions, if an agency such as DSS has custody) has been received.</p> <p>N = There is no documentation that consent was obtained; or the above required elements are not present in the record.</p>	<p>85% of all medical records reviewed contain the required documentation.</p>
<p>2. Does the medical record contain a completed MDH Documentation for Uninsured Eligibility Registration and verification of uninsured eligibility status, or documentation of approval by MDH? <i>MDH Guidelines</i> <i>Accreditation Standard</i></p> <p style="text-align: center;">YES / NO / NA</p>	<p>Y = The medical record contains a completed <i>MDH Documentation for Uninsured Eligibility Registration</i> AND verification of uninsured eligibility status; OR documentation of approval by MDH to bill uninsured.</p> <p>N = The medical record does not contain documentation that meets standard for billing uninsured (<i>i.e.</i> the registration and verification are missing, or approval by MDH is missing).</p> <p>N/A = The participant has active Maryland Medicaid; therefore, the documentation is not required.</p>	<p>85% of all applicable medical records reviewed contain the required documentation.</p>

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<p>3. Was an initial therapeutic behavioral assessment completed, and is it comprehensive? <i>COMAR 10.09.34.01 B (11)</i> <i>COMAR 10.09.34.03 B</i> <i>Accreditation Standard</i> <i>Maryland Medical Necessity Criteria: Level of Care VI: Outpatient Services</i> <i>ICD-10 Crosswalk</i> <i>CMS State Medicaid Manual Part 4 4221 B</i></p> <p style="text-align: center;">YES / NO</p>	<p>Y = The record contains an initial behavioral assessment, completed by a licensed healthcare professional, and includes the development of a behavioral plan, which:</p> <ul style="list-style-type: none"> • Was developed with the participant and parent/guardian; • Identifies the target behaviors or symptoms that are placing the current living arrangement at risk or presenting a barrier to transition to a less restrictive living arrangement; • Defines specific interventions to be used to resolve the behaviors or symptoms, including how a therapeutic aide will implement therapeutic behavioral services; • Defines outcome measures that can be used to demonstrate the decreasing frequency of targeted behaviors; • Defines alternative behaviors; • Defines the clinically accepted techniques for behavior change, including where, when, and the frequency of the techniques to be used and the risks and benefits of each; • Details the strategies and skills for the participant and parent/guardian, or individual who customarily provides cares to provide continuity of care when therapeutic behavioral services are discontinued; • Details emergency procedures to be implemented when the participant exhibits behaviors that pose harm to self or others; • Identifies the level or type of licensed healthcare professional responsible for monitoring the behavioral plan; • Documents that therapeutic behavioral services are needed. <p>N = There is no initial therapeutic behavioral assessment in the medical record; or the initial therapeutic behavioral assessment is missing one or more of the required elements above.</p>	<p>85% of all medical records reviewed contain the required documentation.</p>
<p>4. Is the Behavioral Plan updated every 60 days? <i>COMAR 10.09.34.04 C</i> <i>COMAR 10.09.34.05 C</i> <i>Accreditation Standard</i></p> <p style="text-align: center;">YES / NO / NA</p>	<p>Y = The Behavioral Plan is updated every 60 days and includes:</p> <ul style="list-style-type: none"> • Documented progress towards the specific goals; and • Evidence that the therapeutic behavioral service continues to be effective; or • New goals and outcomes if progress is not being achieved. <p>N = The Behavioral Plan is not updated every 60 days; and/or is missing all of the required elements above.</p> <p>N/A = The first update has not been documented, and it is within the required timeframe; or the participant discharged from TBS prior to the development of the updated behavioral plan.</p>	<p>85% of all applicable medical records reviewed contain the required documentation.</p>

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<p>5. Are the progress notes complete, and do they reflect implementation of goals and interventions from the behavioral plan, and progress towards goals? <i>COMAR 10.09.34.02 A (3)</i> <i>COMAR 10.09.34.03 B</i> <i>Accreditation Standard</i></p> <p style="text-align: center;">YES / NO</p>	<p>Y = Each session and contact is documented in the record through written progress/contact notes, and includes all of the following:</p> <ul style="list-style-type: none"> • The date of service; • The start time and end time; • The location of the service; • The name of the parent, legal guardian, or individual who customarily provides care present during the service; • A brief description of the service provided, including reference to the behavioral plan; • Evidence that therapeutic behavioral services are being rendered (see below); • A description of the participant’s behaviors or symptoms; and • The signature of the behavioral aide. <p>TBS services include:</p> <ul style="list-style-type: none"> - One-to-one interventions in accordance with the behavior plan, which: <ul style="list-style-type: none"> o Assist the recipient in engaging in/remaining engaged in appropriate activities; o Minimizing the recipient’s impulsive behaviors; o Providing immediate behavioral reinforcements; o Providing time structuring activities; and o Collaboration with/support for parent, guardian, or individual who customarily provides care in the effort to provide ongoing behavioral support. <p>N = The record does not contain progress/contact notes; at least one progress/contact note is missing from the record; the record does not contain a behavior plan to refer to; or one of more of the progress/contact notes is missing one or more of the required elements above.</p>	<p>85% of all medical records reviewed contain the required documentation.</p>
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