

PROVIDER ALERT

New ICD-10 Diagnosis Codes Added to Mental Health and Poisoning Diagnosis Lists

September 26, 2024

Target Audience: All Behavioral Health Providers

The Maryland Department of Health (MDH) has approved 32 new ICD-10 diagnosis codes to the diagnosis lists and removed 3 previously used codes.

The [Mental Health Diagnosis list](#) has been updated to remove the following codes, effective September 30, 2024:

F5001 Anorexia nervosa, restricting type
F5002 Anorexia nervosa, binge eating/purging type
F502 Bulimia nervosa

The following codes have been added, effective October 1, 2024:

F50010 Anorexia nervosa, restricting type, mild
F50011 Anorexia nervosa, restricting type, moderate
F50012 Anorexia nervosa, restricting type, severe
F50013 Anorexia nervosa, restricting type, extreme
F50014 Anorexia nervosa, restricting type, in remission
F50019 Anorexia nervosa, restricting type, unspecified
F50020 Anorexia nervosa, binge eating/purging type, mild
F50021 Anorexia nervosa, binge eating/purging type, moderate
F50022 Anorexia nervosa, binge eating/purging type, severe
F50023 Anorexia nervosa, binge eating/purging type, extreme
F50024 Anorexia nervosa, binge eating/purging type, in remission
F50029 Anorexia nervosa, binge eating/purging type, unspecified
F020 Bulimia nervosa, unspecified
F5021 Bulimia nervosa, mild
F5022 Bulimia nervosa, moderate
F5023 Bulimia nervosa, severe
F5024 Bulimia nervosa, extreme
F5025 Bulimia nervosa, in remission

- F50810 Binge eating disorder, mild
- F50811 Binge eating disorder, moderate
- F50812 Binge eating disorder, severe
- F50813 Binge eating disorder, extreme
- F50814 Binge eating disorder, in remission
- F50819 Binge eating disorder, unspecified
- F5083 Pica in adults
- F5084 Rumination disorder in adults

The [Poisoning Diagnosis list](#) has been updated to include the following codes, effective October 1, 2024:

- T45AX2A Poisoning by immune checkpoint inhibitors and immunostimulant drugs, intentional self-harm, initial encounter
- T50992A Poisoning by other drugs, medicaments and biological substances, intentional self-harm
- T6102XA Ciguatera fish poisoning, intentional self-harm, initial encounter
- T6112XA Scombroid fish poisoning, intentional self-harm, initial encounter
- T61772A Other fish poisoning, intentional self-harm, initial encounter
- T61782A Other shellfish poisoning, intentional self-harm, initial encounter

If you have questions about the information contained in this alert, please contact Optum Maryland customer service at 1-800-888-1965.

Thank you,

Optum Maryland Team