

PROVIDER ALERT

BHA Cultural and Linguistic Competency Online Courses

November 23, 2020

This summer the Maryland Department of Health (MDH) Behavioral Health Administration (BHA) developed a Cultural and Linguistic Competency course. This course is composed of consecutive e-learning series discussing three major concepts that form the framework for achieving cultural competency as part of service delivery.

- **Part 1: *Standing Up to Bias: Yours, Mine, and Ours*** explains the influence of implicit bias on service delivery and walks participants through exercises designed to help them examine their own implicit biases.
- **Part 2: *Addressing Health and Health Equity: An Imperative*** underscores the importance of equity in service delivery and explores what it will take to achieve true health equity in behavioral health care.
- **Part 3: *Another Ouch: The Anatomy of Microaggressions and the 'isms*** defines and provides examples of microaggressions and “isms” such as sexism, racism, ageism, heterosexism, and breaks down how they can create barriers to effective service delivery.

If you haven't already, **you can still take this course at your own pace and receive 1.25 NBCC CEUs or a Certificate of Attendance (COA)** upon completion of the course and final test. We hope you will take the time to engage in this e-learning series. **Please use the following link to register and access this course:** <https://app.mdbehavioralhealth.com/course?endpoint=clc>

In addition to the above mentioned course, we are happy to announce that we have added a new course composed of the following two e-learning series:

- **Part 1: *Cultural and Linguistic Competence: Assessment and Strategic Planning*** explains the importance of cultural and linguistic competency when delivering services and provides an overview of the key components of strategic planning.
- **Part 2: *Data-Driven Approaches to Addressing Disparities and Disproportionality in Behavioral Health*** defines disparity, disproportionality, and equity in the context of service delivery and walks participants through the steps involved in creating evidence-based programs that benefit underserved communities.

You can take this additional e-learning series and get 1 NBCC CEU or a COA. To register, go to the following link and follow the instructions:

<https://app.mdbehavioralhealth.com/register?redirectUrl=https://app.mdbehavioralhealth.com/survey/addressingdisparities>

Please do not hesitate to contact tsegereda.assebe@maryland.gov if you have any questions.

Thank you,

Optum Maryland Team