



PROVIDER ALERT

Updated COVID-19 Resources and Webinars

November 6, 2020

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly releases FAQs and resources related to COVID-19. Here is the latest information:

November BHA Letter from Deputy Secretary (November 6)

[Read the latest updates from Dr. Aliya Jones, Deputy Secretary of Behavioral Health.](#)

NEW! BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

BHA and MedChi announced a new webinar series for Maryland's behavioral health and medical health care workers of all disciplines, whether working in community or hospital settings. They are designed to enhance both health care worker self-care and resultantly the care they provide, as health care workers combat numerous stressors including the COVID-19 pandemic, social justice issues, and other stressors that can potentially impact delivered care. CMEs will be available at no cost, as will Participant Certificates, which for other disciplines can qualify for continuing education credit.

[Please see this flyer to register.](#)

All webinars are from 5-6pm. Registration for future webinars, which will be on the 2nd and 4th Thursdays of each month, will be posted on the [BHA/MedChi webinar webpage](#), as will webinar recordings. Next: **Thursday, November 12**: Stress Management During COVID-19 with Attention to Financial Distress.

MDPCP PMO COVID-19 webinar on the Fall Covid Surge

Next week's COVID-19 webinar is an important webinar on the Fall Covid Surge, and will include MDH Secretary Robert Neall. As COVID-19 cases and hospitalizations in Maryland continue to rise, the MDPCP PMO Covid-19 webinar on **Wednesday**,

November 11 at 5pm will specifically address primary care's and other providers' role in this current surge. This fall and winter will be an important and challenging time during the pandemic, requiring engagement from primary care with testing, identifying vulnerable patients for outreach, flu shots, PPE, potentially adjusted workflows, and eventually immunizations.

Please register and join this webinar, and come with questions:
<https://attendee.gotowebinar.com/register/314063812620328207>

The MDPCP PMO is here to support you through this surge.

Free Mental Health Support for Nursing Home Staff

[Learn more](#) or get help now: For urgent requests, call 1-800-648-3001. To receive mental health services for yourself or your organization visit bit.ly/marylandcovidsupport. For questions, email miemss.crisisresponse@maryland.gov.

[Information now available in Spanish.](#)

Mental Health Support for Providers and the Public

BHA created [extensive lists of webinars, trainings, support groups, and info guides](#) for clinicians and the general public, which are regularly updated on the BHA webpage. If you see a resource that we have not included, let us know: bha.inquiries@maryland.gov.

Get Your Flu Shot!

It is important to get a flu shot every year – but this year the need is critical. Seasonal influenza and COVID-19 both attack the respiratory system and having one can make you more vulnerable to the other. Get the [Fight the Flu poster](#) or learn more about the seasonal flu by visiting health.maryland.gov/flu.

BHA will continue to update behavioral health COVID-19 related FAQs on the [BHA website](#). Please submit your COVID-19 related questions [here](#) or email bha.inquiries@maryland.gov.

Thank you,
Optum Maryland Team