

## PROVIDER ALERT

### NEW: Introduction of the Required Use of the Treatment Plan Template

May 17, 2024

#### Target Audience: Applied Behavior Analysis Providers

Applied Behavior Analysis (ABA) providers are advised of an upcoming change from an optional to mandatory use of the Treatment Plan Template. Following a 45-day grace period, ABA providers will be required to use this [Treatment Plan Template](#) when submitting requests for treatment. The updated template requires providers to focus on individualized medical necessity rationale for the participant's own presentation of symptoms of autism spectrum disorder.

The [Treatment Plan Requirements](#) document has also been updated to align with the Treatment Plan Template, and is a resource for providers to ensure required elements are included in each submitted treatment plan.

These changes are intended to streamline the review process and improve participant care, by standardizing treatment plan submissions which will result in:

- A quicker turn-around time/ less time spent searching for specific components
- More in-depth reviews, resulting in better clinical quality

Providers have a 45-day grace period from the date of this alert to update your templates and/or systems to align with this new requirement. **Effective July 1, 2024**, if your submitted treatment does not contain all the requirements per the Treatment Plan Template, your authorization will be administratively denied and you will need to correct the treatment plan to align with the template, and resubmit.

For any questions related to this Provider Alert, please contact Optum Maryland at [ombhaba@optum.com](mailto:ombhaba@optum.com).

Thank you,

Optum Maryland Team