

## Provider Alert

### COVID-19 Webinars and Letter from BHA Medical Director

May 5, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

#### Letter from BHA Medical Director

[Read the latest information](#) for behavioral health directors and medical directors from BHA Medical Director Dr. Steven Whitefield.

-----

#### The CovidCONNECT Webinar Series presents *What we know and what we should be prepared for*

On Thursday, May 13 at 5 p.m. Dr. Panagis Galiatsatos and Dr. Dan Hale will review the virus that has resulted in the COVID-19 pandemic, while recognizing how stigma and judgment evolved and have disproportionately impacted certain populations.

These free webinars are curated specifically for Marylanders who have been impacted by COVID-19. Developed by BHA in partnership with National Alliance on Mental Illness (NAMI) Maryland and other stakeholders, these presentations include speakers who cover topics on mental health, wellness and recovery. Visit the [Covid Connect website](#) to learn more and [register](#). Or share [this flyer](#) with your networks.

-----

#### BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the pandemic, social justice issues, and other stressors that can potentially impact delivered care. CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may potentially qualify for CEUs or other continuing education credit. Participants should check with their certifying organizations to see how these would apply.

**Next Thursday, May 13: Strategies to Improve Sleep.** Visit the website to [learn more](#), access archived webinars and [register](#).

*BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email [bha.inquiries@maryland.gov](mailto:bha.inquiries@maryland.gov) .*

Thank you,

Optum Maryland Team