

PROVIDER ALERT

Pilot Project

Residential Eating Disorder Program for Adults and/or Adolescents

June 9, 2021

Target Audience: All Providers

Eating disorders are serious but treatable mental and physical illnesses that can affect people of all genders, ages, races, religions, ethnicities, sexual orientation, body shapes and weights. It is estimated that 20 million women and 10 million men in America will have an eating disorder at some point in their lives. The disorder may affect an individual's physical and mental health and can be life-threatening.

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) has received inquiries from entities seeking to establish a residential eating disorder program for adults and/or adolescents, however the model of care proposed did not match current licensure categories. Therefore, BHA is establishing a pilot project for residential eating disorder programs that provide residential treatment along with a combination of psychological therapy, nutrition education, medical monitoring, and psychiatric consultation, as well as evidence-based interventions.

The "Request for Proposals" for a Residential Eating Disorder Program can be located [here](#). Applications for the pilot will be accepted and approved on a rolling basis until March 1, 2022. The pilot project expires December 31, 2025. The project will be reviewed prior to expiration to determine if a license classification should be created.

There is no State or Federal funding attached to this pilot project. BHA and MDH will not be a referral source for the programs. BHA and MDH make no assurances regarding the demand for the service. Approval as a pilot project may not be used as an endorsement by BHA or MDH of the program. The programs must support health and wellness for all individuals regardless of race, ethnicity, gender, sexual orientation, or geographical location who have an eating disorder.

For additional information regarding this alert, please contact BHA.Licensing@Maryland.gov. In the subject line, note "Pilot Project-Residential Eating Disorder Program."