



CovidCONNECT Support Groups

Virtual support for those who have had COVID-19

If you have had COVID-19, and are interested in connecting with others to talk about the challenges of recovering from this disease, we encourage you to join the CovidCONNECT virtual support group.

Trained peer facilitators host small groups sessions twice a month to provide support for Marylanders. Visit the CovidCONNECT website at covidconnect.health.maryland.gov to learn more and to [register](#).

Join us every other Thursday, 6:30 to 8 p.m.

If you have questions or requests about virtual support groups and related resources, please email mdh.covidconnect@maryland.gov.



Organized by NAMI Maryland in partnership with Maryland 211 and the Maryland Department of Health's Behavioral Health Administration.