



PROVIDER ALERT

COVID-19 Resources and Webinars

December 1, 2020

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

Health Equity Conference Spotlights COVID-19

The MDH Office of Minority Health and Health Disparities' annual health equity conference takes place virtually this Thursday, December 3 (9am—4pm). This year's theme is *Reshaping Social Justice, Public Health and Healthcare Delivery for a New Future Beyond COVID-19*. [Learn more](#) and register.

Memo to Opioid Treatment Program Providers

[Program closure reminder for OTPs](#)

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's behavioral health and medical health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous stressors including the COVID-19 pandemic, social justice issues, and other stressors that can potentially impact delivered care. [Learn more](#) and register.

Free Mental Health Support for Nursing Home Staff

[Learn more](#) or get help now: For urgent requests, call 1-800-648-3001. To receive mental health services for yourself or your organization visit bit.ly/marylandcovidsupport.

[Information now available in Spanish](#). For questions, email miemss.crisisresponse@maryland.gov.

Mental Health Support for Providers and the Public

BHA created [extensive lists of webinars, trainings, support groups, and info guides](#) for clinicians and the general public, which are regularly updated on the BHA webpage. If you see a resource that we have not included, let us know: bha.inquiries@maryland.gov.

BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email bha.inquiries@maryland.gov.

Thank you,

Optum Maryland Team