

PROVIDER ALERT

COVID-19 Resources and Webinars

December 8, 2020

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

- [December BHA Letter from Deputy Secretary](#)

Read the latest updates from Dr. Aliya Jones, Deputy Secretary of Behavioral Health

- [Provider webinars](#) (updated Dec. 4)

Includes regular calls and webinars that are open to all providers to answer your questions and share resources

- [Coping in the 2020/21 School Year](#)

Share this behavioral health resources guide for students and young people

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's behavioral health and medical health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous stressors including the COVID-19 pandemic, social justice issues, and other stressors that can potentially impact delivered care. [Learn more](#) and register.

[Register here for the December 17 webinar: The Impact of Racial Trauma on Providers.](#)

Free Mental Health Support for Nursing Home Staff

[Learn more](#) or get help now: For urgent requests, call 1-800-648-3001. To receive mental health services for yourself or your organization visit bit.ly/marylandcovidsupport. [Information now available in Spanish](#). For questions, email miemss.crisisresponse@maryland.gov.

Mental Health Support for Providers and the Public

BHA created [extensive lists of webinars, trainings, support groups, and info guides](#) for clinicians and the general public, which are regularly updated on the BHA webpage. If you see a resource that we have not included, let us know: bha.inquiries@maryland.gov.

BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email bha.inquiries@maryland.gov.

Thank you,

Optum Maryland Team