

ACCESSING ABA BENEFIT: PARENT/CAREGIVER DOCUMENT CHECKLIST

Following are the qualified health care professionals (QHCP) that are approved under the Maryland Medicaid ABA benefit to complete a Comprehensive Diagnostic Evaluation (CDE) if they have the requisite training and experience to diagnose ASD.

- Developmental Pediatricians
- Pediatric Neurologists
- Child Psychiatrists
- Clinical Psychologists
- Nurse Practitioners
- Neuropsychologists
- Pediatricians

Outlined below are the requirements to access the ABA benefit:

1) ONE of the following:

- Comprehensive diagnostic evaluation completed by a (QHCP) within past 3 years;

or

- Diagnostic evaluation comprised of 1) diagnostic report completed by a non-QHCP (i.e. school psychologist, speech language pathologist) accompanied by 2) Physician Confirmation of Autism Spectrum Disorder Diagnosis form both dated within the past 3 years;

or

- Comprehensive diagnostic evaluation completed more than 3 years ago accompanied by a current Clinical Review for Autism Spectrum Disorder and Applied Behavior Analysis form

2) ABA Referral completed by an above listed Qualified Health Care Professional dated within the past 6 months

Submit documents via E-Mail or Fax:

- E-Mail: ombhaba@optum.com
- Fax: (844) 882-9917 (Attn: ABA team)

If you have any questions regarding this information please contact an ABA Care Manager by calling Optum Maryland Behavioral Health Customer Service at 1-800-888-1965, TTY 711. We are available to assist you Monday-Friday from 8:00 am - 6:00 pm. You may also visit <https://maryland.optum.com> for additional information regarding the ABA benefit.